

*National
Organization of
Mothers
Of
Twins
Clubs, Inc.*

SUBJECT:

MULTIPLE PREGNANCY SURVEY

RESEARCHER: National Organization of Mothers of Twins Clubs, Inc.

DATE:

1992

PURPOSE: The purpose of this survey is to gather information concerning a multiple pregnancy from conception through birth.

METHOD: The survey was to be filled out by any biological mother of multiples. It was distributed to the membership in October, 1992. 1214 responses were received.

BACKGROUND INFORMATION:

1. Twintype of the participants included:

| | |
|----------------------------|----------------------------|
| A. 25% had boy/girl twins | B. 19% had fraternal boys |
| C. 17% had fraternal girls | D. 16% had identical girls |
| E. 13% had identical boys | F. 7% were unknown |
| G. 25 had triplets | |
2. 1% had more than one set of multiples
3. 50% had other children BEFORE the birth of the multiples
4. 17% had other children AFTER the birth of the multiples
5. 61% do not plan on having more children, 23% were undecided.
6. 53% would not want to have another set of multiples
7. Do you have a family history of multiples?

| | |
|----------------------|----------------------|
| A. 22% mother's side | B. 16% father's side |
| C. 27% both sides | D. 27% neither side |
| E. 8% unknown | |
8. Age of mothers when multiples were born:

| | |
|-----------------------|-----------------------|
| A. 40% were 26-30 yrs | B. 32% were 31-35 yrs |
| C. 17% were 20-25 yrs | D. 8% were 36-40 yrs |
| E. 2% were 19 or less | F. 1% were 41-45 yrs |
9. Age of fathers when multiples were born:

| | |
|-----------------------|-----------------------|
| A. 35% were 31-35 yrs | B. 32% were 26-30 yrs |
| C. 17% were 36-40 yrs | D. 10% were 20-25 yrs |
| E. 4% were 41-45 yrs | F. 1% were 19 or less |
| G. 1% were 46-50 yrs | |
10. Month the multiples were born:

| | | |
|-----------------|------------------|-------------------|
| A. January - 8% | B. February - 8% | C. March - 8% |
| D. April - 9% | E. May - 8% | F. June - 8% |
| G. July - 8% | H. August - 8% | I. September - 8% |
| J. October - 8% | K. November - 9% | L. December - 10% |
11. 23% used fertility drugs to achieve their multiple pregnancy.

ALL PREGNANCIES:

29. Length of gestation:
- | | |
|---------------------------|--------------------|
| A. up to 24 wks - 0% | B. 25-26 wks - 1% |
| C. 27-28 wks - 2% | D. 29-30 wks - 4% |
| E. 31-32 wks - 8% | F. 33-35 wks - 29% |
| G. 36 weeks or more - 54% | |

DELIVERY QUESTIONS

30. Labor was induced in 15% of the multiple pregnancies
31. Length of labor in vaginal deliveries:
- | | |
|---------------------|--------------------|
| A. < 1 hour - 8% | B. 1-5 hrs - 41% |
| C. 5-10 hrs - 26% | D. 10-15 hrs - 11% |
| E. 15-20 hrs - 7% | F. 20-24 hrs - 2% |
| G. over 24 hrs - 5% | |
32. Length of labor in Caesarian deliveries:
- | | |
|---------------------|-------------------|
| A. Scheduled - 40% | B. < 1 hour - 12% |
| C. 1-5 hrs - 18% | D. 5-10 hrs - 12% |
| E. 15-20 hrs - 8% | F. 20-24 hrs < 1% |
| G. over 24 hrs - 8% | |
33. Length of labor if delivered vaginal and Caesarian:
- | | |
|---------------------|--------------------|
| A. < 1 hour - 12% | B. 1-5 hrs - 33% |
| C. 5-10 hrs - 25% | D. 10-15 hrs - 12% |
| E. 15-20 hrs - 9% | F. 20-24 hrs - 4% |
| G. over 24 hrs - 6% | |
34. Reasons given for C-sections:
- | |
|--|
| A. Positions of babies - 27% |
| B. Emergency (health of mom or babies) - 27% |
| C. Scheduled as high risk but no immediate emergency - 14% |
| D. Failure to progress - 9% |
| E. Previous C-section - 6% |
35. Medical outcome of the pregnancy:
- | |
|--------------------------------|
| A. All born healthy - 86% |
| B. One or more ill - 11% |
| C. one or more disabled - 2% |
| D. Death of one or more - < 1% |
36. Time elapsed between births in vaginal deliveries:
- | | |
|----------------------|--------------------|
| A. < one minute - 1% | B. 1-3 min - 13% |
| C. 3-5 min - 16% | D. 5-8 min - 22% |
| E. 8-10 min - 12% | F. 10-15 min - 14% |
| G. 15-20 min - 8% | H. 20-30 min - 7% |
| I. over 30 min - 8% | |
37. Time elapsed between births in Caesarian deliveries:
- | | | |
|-----------------------|------------------|-----------------|
| A. < one minute - 23% | B. 1-3 min - 71% | C. 3-5 min - 4% |
|-----------------------|------------------|-----------------|
- All times over 5 minutes occurred less than 1% of the time

38. Time elapsed between births for combination vaginal and C-section deliveries:
- | | |
|---------------------|--------------------|
| A. <5 minutes - 38% | B. 5-10 min - 3% |
| C. 10-20 min - 30% | D. 20-30 min - 10% |
| E. 30-40 min - 5% | F. 40-50 min - 2% |
| G. 50-60 min - 3% | H. >one hour - 10% |
39. Average weight of multiples at birth:
- | | |
|---------------------|-------------------|
| A. <2 lbs - 1% | B. 2-3 lbs - 4% |
| C. 3-5 lbs - 29% | D. 5-7 lbs - 56% |
| E. 7-9 lbs - 10% | F. 9-10 lbs - <1% |
| G. over 10 lbs - 1% | |
40. Difference in weight between the largest and smallest multiple:
- | | |
|------------------|--------------------|
| A. 1-4 oz - 26% | B. 4-8 oz - 23% |
| C. 8-12 oz - 14% | D. 12-16 oz - 12% |
| E. 1-2 lbs - 18% | F. 2-4 lbs - <1% |
| G. 4-5 lbs - <1% | H. Over 5 lbs - 0% |
41. Largest baby was born first in vaginal deliveries about 53% of the time.
42. Largest baby was born first in Caesarian deliveries about 56% of the time.
43. Time of day multiples were born:
- | | |
|------------------------|------------------------|
| A. 12:01-3:59 am - 10% | B. 4:00-6:59 am - 10% |
| C. 7:00-9:59 am - 16% | D. 10:00 - noon - 11% |
| E. 12:01-3:59 pm - 13% | F. 4:00-6:59 pm - 13% |
| G. 7:00-9:59 pm - 11% | H. 10:00-midnight - 8% |
44. 66% of mothers left the hospital with their babies
45. 75% of the multiples left the hospital together.
46. Average length of stay for multiples left behind in hospital:
- | | |
|--------------------|----------------------------|
| A. 1-2 weeks - 49% | B. 2-3 weeks - 17% |
| C. 3-4 weeks - 15% | D. more than 1 month - 20% |

EARLY CARE AND OBSERVATIONS

47. If you had help when you came home from the hospital, it was:
- | | |
|-------------------------|------------------------|
| A. Mother - 50% | B. Mother-in-law - 8% |
| C. Husband - 21% | D. Hired nurse - 3% |
| E. Friend - 1% | F. Other relative - 5% |
| G. Neighbor child - <1% | H. None - 11% |
48. How long the household help remained:
- | | |
|------------------------|--------------------|
| A. < one week - 21% | B. 1-2 weeks - 31% |
| C. 2-3 weeks - 12% | D. 3-4 weeks - 7% |
| E. 4-6 weeks - 8% | F. 6-8 weeks - 6% |
| G. over 2 months - 14% | |
49. Feeding of infants in first 3 months:
- | | | |
|-----------------|-----------------|---------------|
| A. Breast - 23% | B. Bottle - 40% | C. Both - 36% |
|-----------------|-----------------|---------------|
50. Most outgoing, assertive, aggressive, and demanding infant was:
- | | | |
|-------------------|-------------------|----------------|
| A. 1st born - 28% | B. 2nd born - 35% | C. Equal - 35% |
|-------------------|-------------------|----------------|
51. Infant who laughed the most:
- | | | |
|-------------------|-------------------|----------------|
| A. 1st born - 26% | B. 2nd born - 28% | C. Equal - 43% |
|-------------------|-------------------|----------------|
52. Infant who liked to be cuddled the most:
- | | | |
|-------------------|-------------------|----------------|
| A. 1st born - 26% | B. 2nd born - 28% | C. Equal - 44% |
|-------------------|-------------------|----------------|
53. 4% of multiples had rhyming names.
54. 28% of multiples had names that start with the same letter or sound.