

Learning from our Experience

RESEARCH

External Research

One of the goals of NOMOTC is to cooperate with and participate in research projects which involve multiples and/or their families. Researchers actively recruit NOMOTC members to participate in studies, and we encourage your participation! Find out more about these studies in the Research Laboratory page on our website. Additional information about research studies can also be found in each issue of *NOMOTC's Notebook*.

Internal Research

NOMOTC's Research Department has its own survey team committed to writing surveys for our members. We encourage your participation in these surveys. Results from these studies will help us better understand our multiples, our clubs, and ourselves.

NOMOTC's International Connections

NOMOTC is an active member of the International Society for Twin Studies (ISTS). The organization sends at least two representatives to the international summits of ISTS which occur every three years. This forum provides our organization an international connection to researchers and multiple birth organizations around the world.

The National Organization of Mothers of Twins Clubs, Inc. has offered resources, support and connections to parents of multiples across the country for nearly 50 years. Isn't it time for you and your local club to experience the benefits of NOMOTC?



NOMOTC—The Organization with Experience

Our Membership

The National Organization of Mothers of Twins Clubs, Inc. (NOMOTC) is a network of more than 400 local clubs representing over 26,000 individual parents of twins and higher order multiples.

NOMOTC's Mission

The National Organization of Mothers of Twins Clubs, Inc. is a 501(c)(3) non-profit organization dedicated to supporting families of multiple birth children through education, research, and networking. In partnering with local support groups, health care providers, researchers, and educators, and with the highest standards of integrity, respect and professionalism, we endeavor to aid parents of multiples and to raise public awareness of the unique qualities of multiple birth families.

NOMOTC's Funding

A non-profit 501(c)3 corporation funded by dues, donations and grants.

As a member club, your club can receive benefits of 501(c)3 status through NOMOTC. The IRS will recognize your club as a subordinate chapter of NOMOTC with assignment of a Group Exemption Number (GEN). This provides your club many benefits, including the ability to receive donations which are tax deductible by donors. And, for clubs with gross receipts of less than \$25K, we will file your 990-N, e-postcard.

The National Organization of
Mothers of Twins Clubs, Inc. (NOMOTC)
2000 Mallory Lane, Suite 130-600
Franklin, TN 37067-8231
248-231-4480
877.540.2200
www.nomotc.org



WHAT IS NOMOTC?

...and what does it offer me?

The National Organization of Mothers of Twins Clubs, Inc.



Providing support
services, educational
resources and
research opportunities
to members
since 1960.

NOMOTC: *Support Through Education and Research*

Experience the Benefits!

Making that personal connection is at the very foundation of NOMOTC! We are here to give you and your club the individualized attention that you need.

Connect with a member volunteer and benefit from her experience with:

- **Bereavement Support**
- **Higher Order Multiples**
- **Single Parent Issues**
- **Special Needs**

Make the connection on issues that affect your local club or state organization...

- **National Parliamentarian**
- **National Representative Liaison**
- **National/State Liaison**

Experience the **National Convention**...

- Network with hundreds of other members across the country, see the business side of NOMOTC, take part in the process of determining our future, attend informative workshops, and have fun!

Have a question about twins or higher order multiples? The **Research Librarian** is a great resource to answer all types of questions!

Find out more about how to make connections with **YOUR** support team through our website or by e-mailing info@nomotc.org.

SE HABLA ESPANOL?

Para mas información en español sobre nuestro sitio de Web, contactese por email con nuestra coordinadora de español al info@nomotc.org.

Benefit from the Online Connection...

ONLINE SUPPORT

You can find a wealth of information and support at our website, www.nomotc.org:

Join us on **Facebook** and network with other parents of multiples on many different topics:

- **Club Issues**
- **Infants & Toddlers**
- **School-Aged Multiples**

Multiple Messages

Keep up with the latest NOMOTC news and events through our monthly online newsletter.

Your Multiples and You

Get a sneak preview of one of our most helpful publications. This preview offers relevant tips on preparing for multiples, new parenting, and feeding multiples.

NOMOTC Online Mall

Featuring NOMOTC products including specialized booklets, NOMOTC's book, *Twins to Quints*, Partners in Education kit, posters, and more.

NOMOTC Bookstore

Operated in conjunction with Amazon.com, NOMOTC receives a portion of the profit from each item purchased through this Amazon.com store.

How Can I Contact NOMOTC?

Contact NOMOTC through its award-winning website at www.nomotc.org. Member clubs receive a password to access the 'Members Only' section. Contact your club's National Representative for further information, or contact NOMOTC directly by e-mail at info@nomotc.org.

Benefit from our Experience...

NOMOTC was created by a group of mothers of multiples in the Midwest who saw a need to bring together parents and provide them with the resources, tools and education to effectively parent their children. Their intent was to harness the reach of a national organization and introduce resources and share knowledge with local groups. The founders of NOMOTC bestowed on us a rich legacy of knowledge, caring and support.

MULTIPLE PUBLICATIONS AND RESOURCES

NOMOTC's Notebook is our quarterly news magazine. It is filled with articles pertaining to all aspects of multiple parenting, and written by an experienced staff comprised of NOMOTC members. Each member of NOMOTC receives a copy of this award-winning publication mailed directly to their home.

Your Multiples and You is available in English and Spanish and is a must for all new and prospective parents of multiples. This publication offers relevant tips on preparing for multiples, new parenting, feeding multiples, and much more.

Twins to Quints is NOMOTC's comprehensive, practical, experience-based guide to having, raising and loving multiple birth children. The nearly 300-page book was written by true experts in multiple births—members of NOMOTC!

Informational booklets on topics ranging from Higher Order Multiples to Placement of Multiple Birth Children in School are also offered by NOMOTC.

Education of Multiple Birth Children

PowerPoint Presentation is NOMOTC's resource for parents and educators alike. Available on CD-ROM, it contains all elements for a professional presentation including a script, a sample handout, and an approachable slide presentation!

